



## Survey for Super Seniors 55+ Living in Pollock Pines or Camino

You are invited to fill out this survey so that an interesting, fun, and meaningful program of activities meant for older folks living in the rural communities of Pollock Pines and Camino can be planned. Feel free to add your helpful comments for any of the questions on the backside of the last page.

1. Male \_\_\_\_ or female \_\_\_\_ (only because sometimes we like doing different things! 😊)

2. Age

a. 55 – 59 \_\_\_\_\_

d. 80-89 \_\_\_\_\_

b. 60-69 \_\_\_\_\_

e. 90+ \_\_\_\_\_

c. 70-79 \_\_\_\_\_

3. Do you have transportation to get to activities in Pollock Pines?

Yes \_\_\_\_ No \_\_\_\_

If no, what would you be able to pay for in-town transportation to and from activities of interest? \$ \_\_\_\_\_

If you do have transportation, would you be OK to ride share for in town activities? Yes \_\_\_\_ No \_\_\_\_

4. How often would you most likely come to planned activities?

a. Every day \_\_\_\_\_

b. 4-5 times a week \_\_\_\_\_

c. 3 or fewer times a week \_\_\_\_\_

d. Once a week \_\_\_\_\_

e. Maybe a couple of times a month \_\_\_\_\_

f. Never \_\_\_\_\_ Could you please give us a reason to help us understand why

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5. What days and times of day do you like to participate in activities of interest?  
Check all that apply.

- |                          |                                  |
|--------------------------|----------------------------------|
| <b>Days</b>              | <b>Times on any of the days:</b> |
| a. Monday – Friday _____ | e. 8-noon _____                  |
| b. Saturday _____        | f. noon-5pm _____                |
| c. Sunday _____          | g. 5-7pm _____                   |
| d. Any day _____         | h. 7-9pm _____                   |

6. If necessary, how much would you be willing to pay for activities of interest?

Up to:

- a. \$0 - \$5 \_\_\_\_\_
- b. \$6 – 10 \_\_\_\_\_
- c. \$11 – 20 \_\_\_\_\_
- d. More than \$20 \_\_\_\_\_

7. What kinds of activities would you attend? Circle the ones you would attend and give specifics, (for example: Under “Arts and Crafts,” you might want to tell us exactly which kind of arts and crafts you’d be interested in. Under “Couples Activities,” you might want to tell us exactly what kinds of couples’ activities you’d be interested in.)

**ACTIVITIES:** These activities are examples of some things that seniors have told us they enjoy. Which ones would you attend?

**Check if**  
you would  
be  
interested.

**Specifically, what kind?**  
(optional)

Arts/Crafts		
Boating/Cruising		
Book Club		
Bowling		
Couples Activities		

<b>Dance</b>		
<b>Discussion Groups</b>		
<b>Doll Making</b>		
<b>Fishing</b>		
<b>Fitness (Pilates, yoga, muscle building, etc.)</b>		
<b>Games (Chess, Checkers, Cards, etc.)</b>		
<b>Gardening</b>		
<b>Hiking, walking, snowshoeing</b>		
<b>Kayaking</b>		
<b>Movies</b>		
<b>Music (Instrument, singing, concerts, etc.)</b>		
<b>Quilting, Needlecraft</b>		
<b>Scrapbooking</b>		
<b>Singles Activities</b>		
<b>Special Events</b>		
<b>Travel Opportunities</b>		
<b>Walking Tours</b>		
<b>Other</b>		

**CLASSES:** These classes are examples of some classes that seniors have told us they enjoy. Which ones would you attend?

**Check if you would be interested**

**Specifically, what kind? (optional)**

Ancestry Research		
Cake Decorating		
Computer/Technology Classes		
Cooking/Baking		
Flower Arranging		
Gardening		
Guest Speakers (Government and allied agencies, self-help ,etc.)		
Hunter Safety/Shooting		
Model Airplane Building & Flight		
Photography		
Quilting, Tatting, Needlecraft		
Writing		
Other		

**SERVICES & RESOURCES**

These services and resources are examples of some that seniors have told us they would appreciate. Which ones would you attend?

Check if you would be interested

Specifically, **what kind?** (optional)

Dental Hygiene		
Financial Matters		
Tree Health/Forestry		
Physical Health and Nutrition (for example – balance, fall prevention, hearing, vision, dietary concerns, etc.)		
Legal Matters		
Mental Health/Memory		
Personal Grooming		
Special Events		
Travel Opportunities		
Other		

8. I would be willing to teach or lead a class or activity in

\_\_\_\_\_

Name and contact info: \_\_\_\_\_

9. Where is the best place for you to find information about in-town activities?

Circle all that you use.

- |  |                                 |
|--|---------------------------------|
| a. Clipper, Windfall, or Gold Panner             | i. PP Community Center          |
| b. Facebook/Social Media                         | j. NewsBlast                    |
| c. Flyers around town                            | k. Senior Times                 |
| d. Friends                                       | l. Pollock Pines Visitor Center |
| e. Library notices                               | m. Websites                     |
| f. Mt. Democrat                                  | n. Other _____                  |
| g. Post Office notices                           |                                 |
| h. Emails from organizations, friends, or family |                                 |

10. Would you like to have a place set aside to get coffee and visit with friends? Yes \_\_\_\_ No \_\_\_\_

11. Is there a place/location that you absolutely would not go into? No \_\_\_\_  
Yes \_\_\_\_ Where would that be and why?

12. What else can you tell us that would help us to plan a great calendar of activities for our older citizens in Pollock Pines and Camino?

May we contact you if we have a question to clarify any of your responses? If so, please give us your name and best contact info:

Name \_\_\_\_\_

Contact phone /email \_\_\_\_\_

May we add you to our email list in order to keep you posted about our plans? It will not be shared with anyone. YES (please provide above) NO

**THANK YOU FOR YOUR HELP AND PARTICIPATION! (Please put comments on back)**